

Woke Up Feeling Better

curated by Isabel Muñoz-Newsome

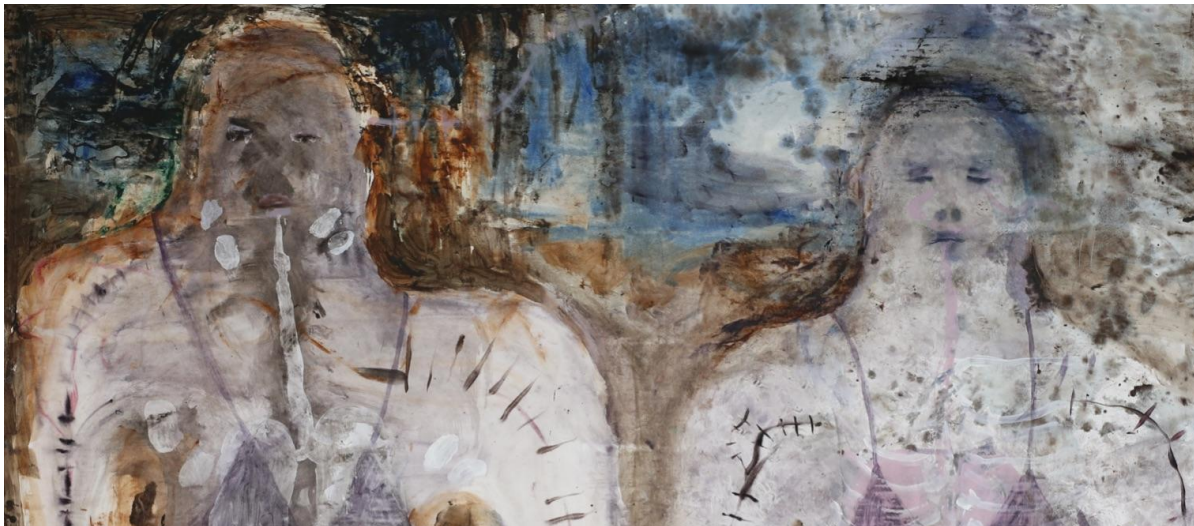
Thursday 28 September - Sunday 1 October 2023

Opening: Thursday 28 September 6-9pm

49 Staffordshire Street, London SE15 5TJ

PRESS RELEASE

Adam Christensen, Tom Hardwick-Allan, Tim Spooner, Eloise Fornieles, Fiontán Moran and Isabel Muñoz-Newsome.



“it ended up being ironic, because when i wrote it in my notes at hospital I ultimately got much worse, LOL, but it didn’t matter, in that moment when I woke up feeling better, it was enough”

“mmmm yeah that’s the thing, those small moments mean a lot when you have been under it”

coming out of dream state

queering out - drugs, sickness, strange states

u process so much in sleep - to do with the subconscious

being between spirits

drugged or euphoric

an imposed aloneness/ solitude thru illness/ general - sleep is like a microcosm of this that other place

It’s about change

transition - big or small

“I don’t want it to be a downer And yet and yet. I want to use the material I got”

this group, there is something heroic about them, and there is a common humour
tender, vulnerable, but it might bite you
incredibly beautiful but on the edge of cracking
sad and threatening
camp
what you can and can't reveal, being socially acceptable, and wanting to disregard this
an ability to transform, in the performance another voice emerges
if we stay here much longer we will develop our own language

Staffordshire St presents a group exhibition and program of events from queer artists and performers Adam Christensen, Tom Hardwick-Allan, Tim Spooner, Eloise Fornieles, Fiontán Moran and Isabel Muñoz-Newsome. Featuring painting, film, sculpture, photography and drawing.

For further information please contact: info@staffordshirest.com

Events

Saturday 30 September 7-10pm
Performances
Each exhibiting artist presents new live work.

Sunday 1 October 3-4pm
Readings
An afternoon of readings from artists and special guests.

Notes

Staffordshire St <http://www.staffordshirest.com>

Staffordshire St is an independent project space in Peckham, South East London. The venue facilitates arts and cultural events and provides affordable studios for artists, makers and designers. The venue was recently established as an art gallery, before then it was for many years a community centre and originally it was built as a Methodist Hall. Staffordshire St is building on the established record of these histories, opening up again to the neighbourhood and developing a welcoming interdisciplinary arts space. More information on upcoming events at : info@staffordshirest.com or [@staffordshirest](https://www.instagram.com/staffordshirest)

Admission: FREE

Thursday–Friday 12-8pm

Saturday - Sunday 12–6pm or by
appointment

49 Staffordshire Street, London SE15 5TJ

Transport: 12 minute walk from **Queens Road Peckham** or **Peckham Rye**

info@staffordshirest.com

www.staffordshirest.com

[instagram.com/staffordshirest](https://www.instagram.com/staffordshirest)

ARTIST BIOS

Adam Christensen is a London/Copenhagen based artist who makes performance, video, fabric and text works, and performs with the music project Ectopia, which was Wysing Arts Centre's band-in-residence in 2016. He is currently finishing recording a collection of new solo songs. He has previously performed and presented work at Overgaden Institute for Contemporary Art, Copenhagen, Baltic Triennial as well as Almanac, David Roberts Art Foundation, Southard Reid, London, Institute of Contemporary Arts and Hollybush Gardens in London.

Tom Hardwick-Allan is singer and cowriter with the the band **Gentle Stranger**. He is also core member of folk ensemble **Shovel Dance Collective**. In Tom's visual art work he scratches away at an array of surfaces in an attempt to dislodge a framework through which something from another side might arise. His carved reliefs emerge through planned motifs mixed with searching excavations and erasures. The artist treats image making as a digestive process in which the shapes of ideas are broken down to activate the latent chemical potential that they contain. Past solo exhibitions; [Scrying the Slice, South Parade, London](#). [Going Light, Zarinbal Khoshbakht, Cologne](#), Sadie Coles, The Residence Gallery. London Now at Ca'Pisaro Venice.

Tim Spooner works in a mix of performance, painting and sculpture, aiming for new strong flavours which are strange and alluring. Fundamentally interested in unpredictability, his work is an exercise in balancing control with a lack of it in the handling of the materials and processes he is working with. His work has been presented extensively in theatres and galleries in the UK, Europe and Asia including Southwark Park Galleries, Battersea Arts Centre, b-side festival (Isle of Portland), Cambridge Junction, Mayfest (Bristol), MAC Belfast and DCA Dundee, Barbican Art Gallery, Whitstable Biennale, NoD (Prague, Czechia), Terni Festival (Italy), TJP Strasbourg (France), Actoral Festival (Marseille, France), Internationales Figurentheater Festival (Erlangen, Germany), STUK (Leuven, Belgium), Teatro Maria Matos (Lisbon, Portugal), Culture Station Seoul (South Korea), Pesta Boneka Festival (Yogyakarta, Indonesia) and Macau Arts Festival (China).

Eloise Fornieles is a British artist based in Athens, working in video, sound, installation and performance. Fornieles' practice investigates the means by which the human voice shapes personal and political power relations. In order to expose and subvert these dynamics she employs strategies including alter-egos, storytelling and vocal masks. Fornieles is currently finishing the practice led PhD at the Slade School of Fine Art, University College London, researching the role of the voice in the generation of queer space. Fornieles has performed, screened and exhibited internationally including New York, Los Angeles, Miami, Las Vegas, Madrid, Lausanne, Paris, Moscow, Buenos Aires, Amsterdam and Beijing.

Isabel Muñoz-Newsome explores how dance and searching for transcendence can play a part in the live experience. The lyrics are at the centre of the songs, her songs are personal and womxn orientated, mixing conversational speech with poetry. She is the lead singer and songwriter of the band Pumarosa. Isabel works in monotype printing and oils. She makes figurative scenes, people engaged in illicit lake side queer utopian visions. Rebel angels being thrown out of heaven. Figures dissolving into gestures.