

## Woke Up Feeling Better

curated by Isabel Muñoz-Newsome

Thursday 28 September - Sunday 1 October 2023

Opening: Thursday 28 September 6-9pm

49 Staffordshire Street, London SE15 5TJ

PRESS RELEASE

**Adam Christensen, Tom Hardwick-Allan, Tim Spooner, Eloise Fornieles, Fiontán Moran and Isabel Muñoz-Newsome**



*“it ended up being ironic, when I wrote it in my notes at hospital I ultimately got much worse, LOL, but it didn’t matter, in that moment when I woke up feeling better, it was enough”*

*“mmmm yeah that’s the thing, those small moments mean a lot when you have been under it”*

*coming out of dream state*

*queering out - drugs, sickness, strange states*

*u process so much in sleep - to do with the subconscious*

*being between spirits*

*drugged or euphoric*

*an imposed aloneness/solitude thru illness/general - sleep is like a microcosm of this*

*that other place*

*It’s about change*

*transition - big or small*

*“I don’t want it to be a downer. And yet and yet. I want to use the material I got”*

*this group, there is something heroic about them, and there is a common humour*

*tender, vulnerable, but it might bite you  
incredibly beautiful but on the edge of cracking  
sad and threatening  
camp*

*what you can and can't reveal, being socially acceptable, and wanting to disregard this  
an ability to transform, in the performance another voice emerges*

*if we stay here much longer we will develop our own language*

- Isabel Muñoz-Newsome

Staffordshire St presents a group exhibition and program of events from queer artists and performers Adam Christensen, Tom Hardwick-Allan, Tim Spooner, Eloise Fornieles, Fiontán Moran and Isabel Muñoz-Newsome. Featuring painting, film, sculpture, photography and drawing.

For further information please contact: [info@staffordshirest.com](mailto:info@staffordshirest.com)

### Events

Saturday 30 September 7-10pm

#### Performances

Each exhibiting artist presents new live work.

Tickets: <https://rb.gy/e5w8n>

Sunday 1 October 3-4pm

#### Readings

An afternoon of readings from artists and special guests.

### Notes

Staffordshire St <http://www.staffordshirest.com>

Staffordshire St is an independent project space in Peckham, South East London. The venue facilitates arts and cultural events and provides affordable studios for artists, makers and designers. The venue was recently established as an art gallery, before then it was for many years a community centre and originally it was built as a Methodist Hall. Staffordshire St is building on the established record of these histories, opening up again to the neighbourhood and developing a welcoming interdisciplinary arts space.

More information on upcoming events at : [info@staffordshirest.com](mailto:info@staffordshirest.com) or [@staffordshirest](https://www.instagram.com/staffordshirest)

### Admission: FREE

Thursday – Friday 5-8pm

Saturday – Sunday 12-6pm

49 Staffordshire Street, London SE15 5TJ

**Transport:** 12 minute walk from **Queens Road Peckham** or **Peckham Rye**

[info@staffordshirest.com](mailto:info@staffordshirest.com)

[www.staffordshirest.com](http://www.staffordshirest.com)

[instagram.com/staffordshirest](https://www.instagram.com/staffordshirest)

### ARTIST BIOS:

**Adam Christensen** is a London/Copenhagen based artist who makes performance, video, fabric and text works, and performs with the music project Ectopia. They have previously performed and presented work at Overgaden Institute for Contemporary Art, Copenhagen, Baltic Triennial as well as Almanac, David Roberts Art Foundation, Southard Reid, London, Institute of Contemporary Arts and Hollybush Gardens in London.

**Tom Hardwick-Allan** is singer and co-writer with the band **Gentle Stranger**. He is also a core member of folk ensemble **Shovel Dance Collective**. In Tom's visual art work he scratches away at an array of surfaces, excavating and erasing. The artist treats image making as a digestive process in which ideas are broken down to activate their latent potential. Past solo exhibitions; [Scrying the Slice, South Parade, London](#). [Going Light, Zarinbal Khoshbakht, Cologne](#), Sadie Coles, The Residence Gallery. London Now at Ca' Pisaro Venice.

**Tim Spooner** works in a mix of performance, painting and sculpture, aiming for new strong flavours which are strange and alluring. Fundamentally interested in unpredictability, his work is an exercise in balancing control with a lack of it in the handling of the materials and processes he is working with. His work has been presented internationally with his current solo exhibition at Southwark Park Galleries.

**Eloise Fornieles** is a British artist based in Athens, working in video, sound, installation and performance. Fornieles' practice investigates the means by which the human voice shapes personal and political power relations. In order to expose and subvert these dynamics she employs strategies including alter-egos, storytelling and vocal masks. Fornieles is currently finishing the practice-led PhD at the Slade School of Fine Art, University College London, researching the role of the voice in the generation of queer space.

**Fiontán Moran** is a London-based curator, writer and performer whose research focuses on performance in art history and social spaces. Fiontán has performed with Samuel Douek and Zoë Marden as part of Queer CAMperVAN at Tate Modern Lates, Peckham Festival, Lila Festival Zurich, and QLab Milan; and solo at Wysing Art Centre's *Wysing Polyphonic*, *Staying Out's DIY Fashion Show* and *24 Hrs Bent: Jarman in 24 Acts*, and PerformIstanbul's *Stay Live at Home*.

**Isabel Muñoz-Newsome** is the lead singer and songwriter of the band Pumarosa. Their debut album, *The Witch*, came out to critical acclaim in 2017 on Fiction Records (Universal) followed by *Devastation* in 2019. Performances include: The Jools Holland Show, Alexandra Palace, Electric Brixton, Royal Albert Hall and internationally in Europe, South and North America, Asia. With recent projects she has performed as part of the London Contemporary Music Festival in 2022 and has taken the same collaborative show to the Tramway in Glasgow in April. Super Normal Festival 2022.